



FREE TRAINING

KOGNITO SCREENING AND BRIEF INTERVENTION (SBI)

Identifying and Supporting Students with Substance Use Concerns in Schools

This training is **free** to all Maryland middle and high school mental health and health support staff (e.g., counselors, nurses, psychologists, social workers, community-partnered school mental health clinicians) to enhance their capacity to identify, support, and refer as needed students with substance use concerns. Trainees will learn the skills of substance use screening, brief intervention, and referral to treatment (SBI) in 3 engaging one-on-one simulations with a student.

The training takes approximately 60-90 minutes to complete and can be repeated to practice your skills as many times as you like.

[Click here to view a 5-minute preview of how the simulation works](#)

TO ACCESS THE TRAINING:

For new Kognito users

- Go to md.kognito.com
- Create an account by selecting "Click here"
- Select the Point of View "*SBIRT for School Health/Mental Health Personnel*"
- Click "launch" to begin the simulation

For current Kognito users

- Login to your md.kognito.com account
- Scroll to the far right of the course menu (top)
- Click "Enroll" on *SBI with Adolescents*
- Select "Add Point of View"

*Supported browsers: Safari, Chrome, Firefox and Edge
Javascript and cookies must be enabled, and Pop-ups allowed*

HELPFUL HINT: Once the simulation has launched, the training outline will appear. Scroll down to "Additional Materials and Resources". This section includes an overview of SBI, review intervention example phrases, and other helpful resources to support application and implementation.



For more information on Substance Use Initiative trainings available through the NCSMH, please contact:

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