Possibilities for Change

Risk Screening Best Practices

Transforming Youth Risk Screening and Support

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Speaker Introduction



Dr. Jennifer Salerno

DNP, CPNP, FAANP

Founder and CEO, Possibilities for Change



Chris Jurasek

LMSW

Program Director, Possibilities for Change

The Challenge of Quality Risk Screening

Effectiveness in Identifying and Addressing Youth Risk

1 2 3 4 5 6 7 8 9 10

Not at all effective

Extremely effective

The Challenge Isn't Awareness – It's Action

Many organizations screen youth but lack systems to translate data into support.

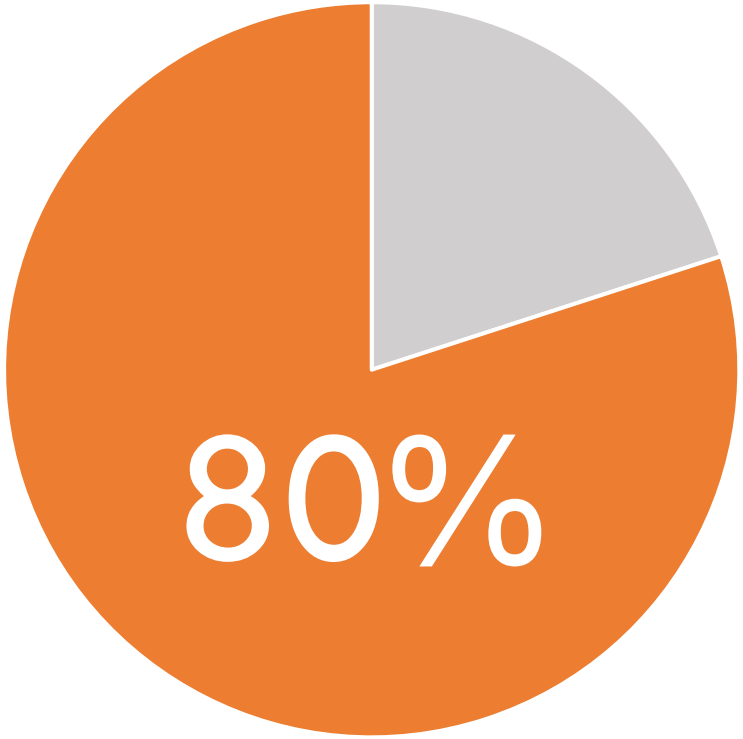
Common barriers include:

- Limited time for staff
- Experience, skills and confidence of staff
- Fragmented technology platforms
- Lack of guidance on next steps
- Difficulty tracking outcomes

What do you think?

% of youth who died by suicide visited a healthcare provider within the previous year?

What do you think?



80% of youth who died by suicide visited a healthcare provider within the previous year.

Every Screening Represents a Real Young Person

Behind Every Data Point Is a Youth Wondering…

- *Does anyone notice what I'm going through?*
- *Is it safe to talk about this?*
- *Will someone help me?*

Our goal is to ensure the answer is **yes.**

Delivering Quality Services

- Identify needs in comprehensive risk areas
- Identify youth in greatest need
- Create a safe space
- Reduce professional burdens
- Engage youth and families
- Provide evidence-based interventions and follow-up

Our Screening Technology & Tools

Our Trauma-Responsive Technology

A *first-in-nation* system **designed by clinical experts and software engineers** with a trauma-responsive framework



ADAM

Powered by J&B VIRTUAL SOLUTIONS

ADAM Technology

1. Screening Design	*2. Consent & Flow*	*3. Screening Conclusion*
• Reduce cognitive load with one question at a time • Bolding, capitalization, bullets • Images • Audio	• Describe the screening process and content • Allow skip for questions • Empathy	• Check-in on feelings • Provide immediate feedback • Resources







Our Comprehensive Screening Tools





- ✓ Scientifically validated
- ✓ Age appropriate
- ✓ Time efficient and effective



5-7
Minutes

RAAPS

Rapid Adolescent Prevention Screening

6 Risk Categories

- Diet & Exercise
- Substance Use
- Depression & Suicide
- Violence & Safety
- Sexual Health
- Unintentional Injury

4 Tools

- Older Child (9-12yrs)
- Standard (13-18yrs)
- Young Adult (19-24yrs)
- Public Health (SDOH)

APHA
AMERICAN PUBLIC HEALTH ASSOCIATION
For science. For action. For health.

23-33 Questions

Sub Scales Within RAAPS

- Youth depression screening
- Violence screening

TELL TALK VENT



4 Risk Categories

- Mental Health
- Substance Use
- Sexual Health
- *Protective Factors*



3 Tools

- TELL (8-10yrs)
- TALK (11-12yrs)
- VENT (13+yrs)



12-18 Questions

Targeted Tools That Help You Connect, Identify, Intervene, and Empower

Comprehensive:

- TELL - TALK – VENT
- RAAPS (PH–YA-OC-OCPH)
- ACT (NT; SH)

Substance Use:

- CRAFFT 2.1+N
- S2BI
- AAP Nicotine Dependency

Depression:

- PHQ2-4-9
- PHQ-A

Suicide:

- ASQ
- C-SSRS

Anxiety:

- GAD2-7

SDOH/ACEs:

- PEARLS
- Hunger Vital Sign
- Social Needs Screening Tool

Psychosocial:

- PSC-17 Y

From Screening to Support: The Youth Journey

Inside the Youth Screening Workflow

1



Screening

- Completed school-wide, program-wide, or individually

2



Discussion

- Review key messages/risks
- Risk reduction strategies
- Referrals/next steps

3



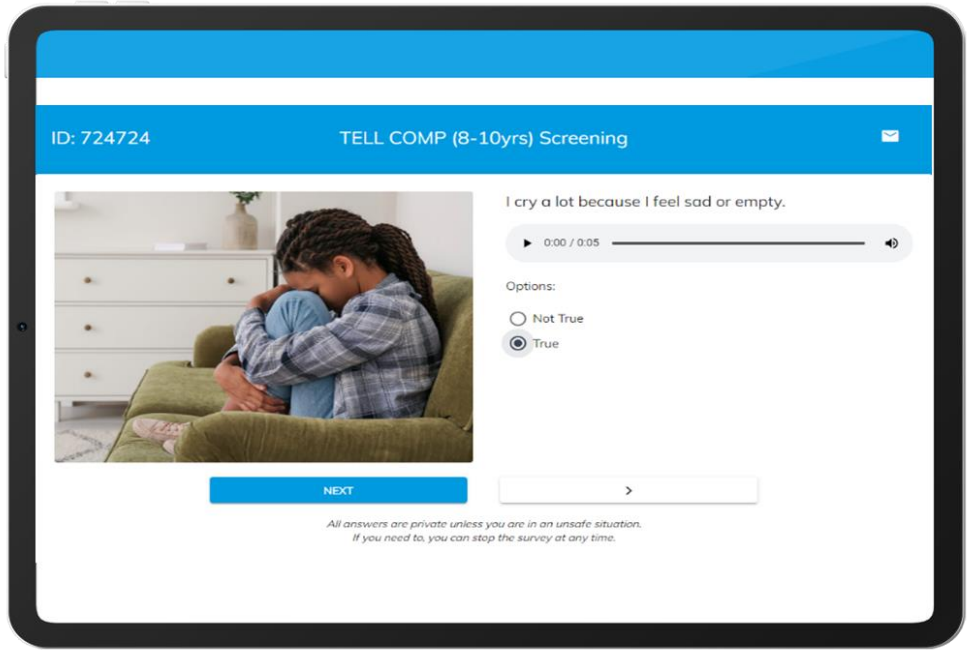
Results

- Documentation
- Reporting
- Follow-up

Screening is repeated annually (or as needed) outcomes are tracked over time.

A Personalized User Experience

- Designed to engage
- Technology based
- Audio & multilingual options
- Remote screening
- Brief interventions geared toward youth

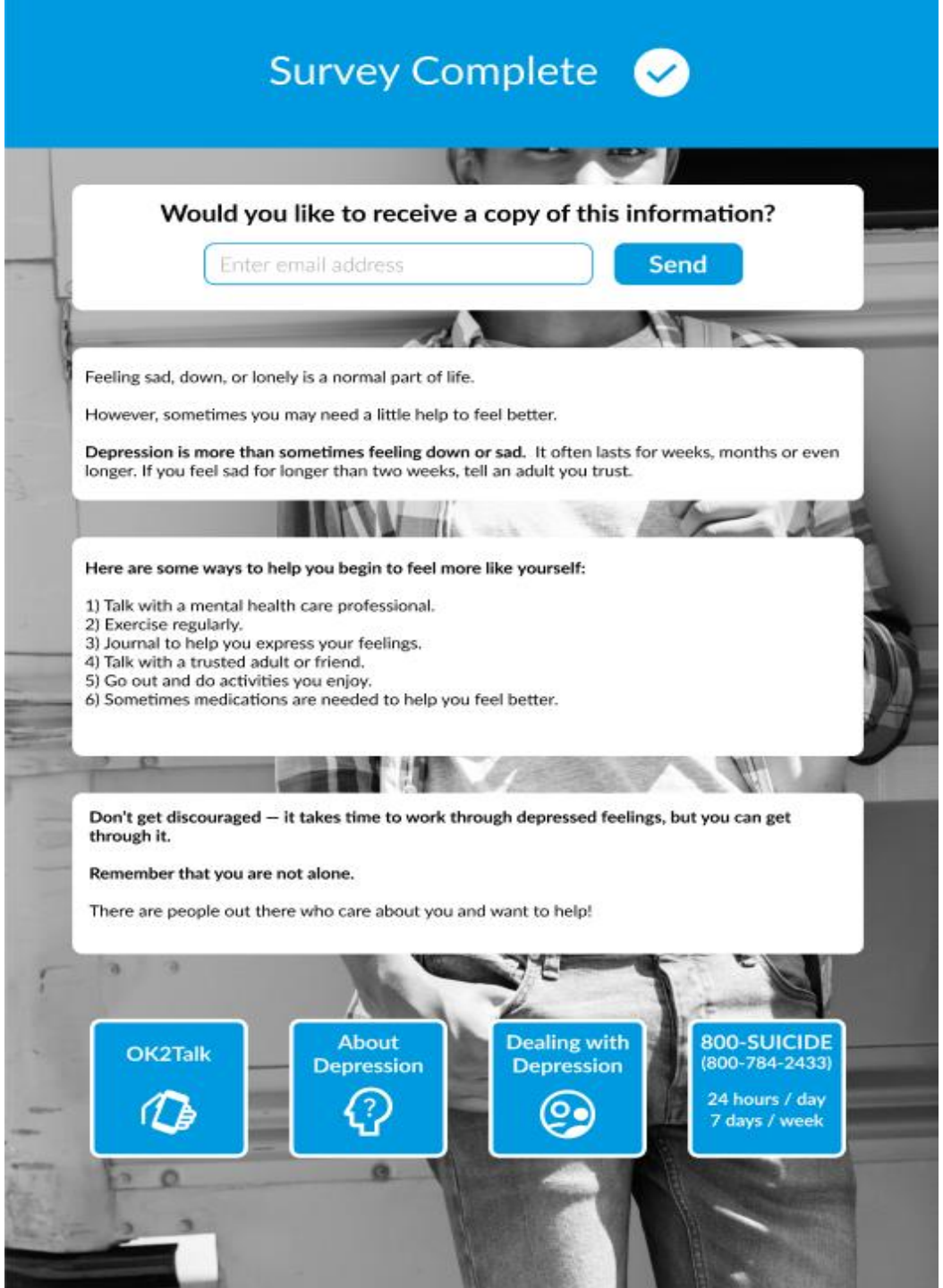


"I have seen multiple students actually reading the information at the end of the survey, which is wonderful! It has truly guided many of my discussions with patients and prompted me to ask questions that I do not always ask in every clinical visit."

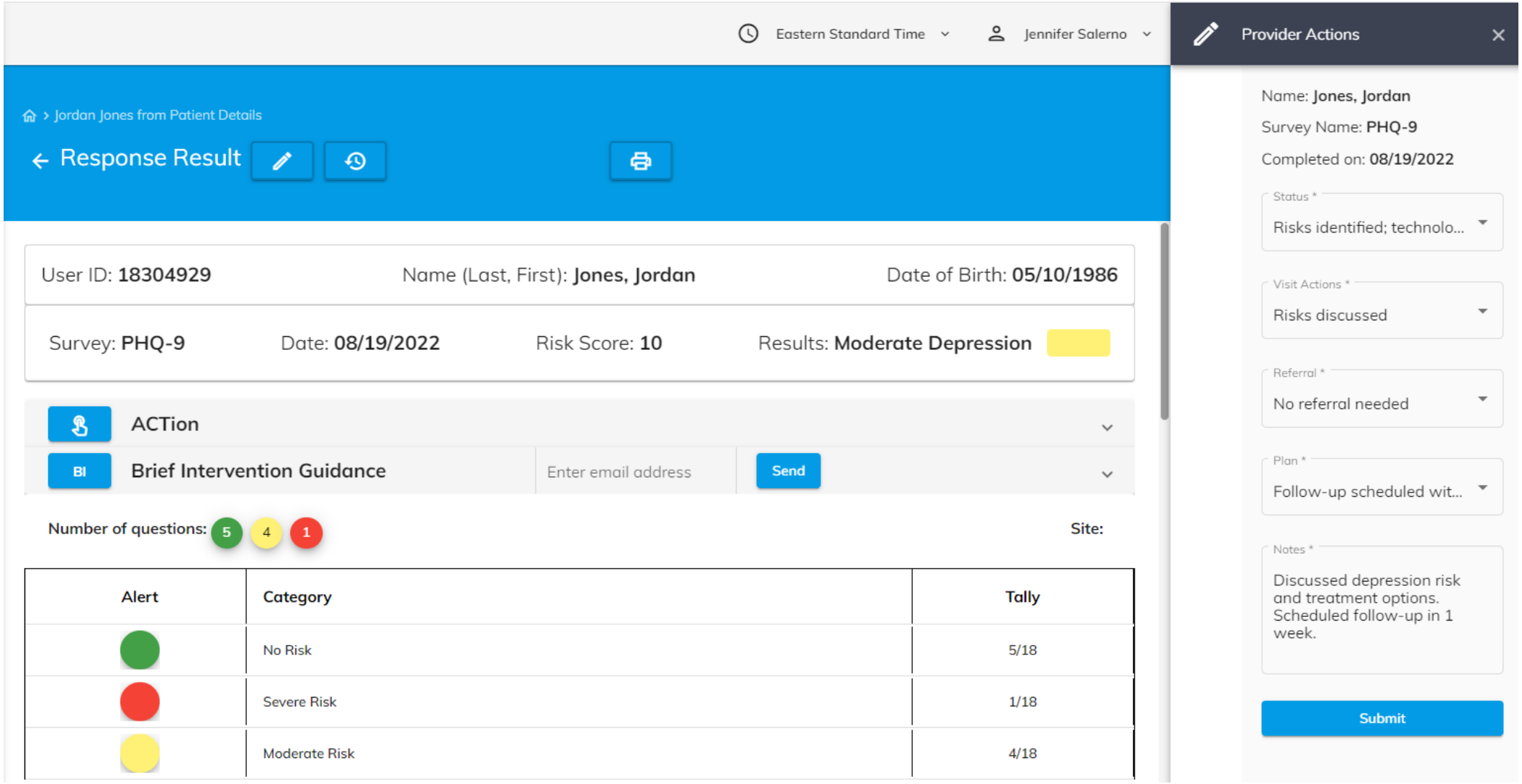
- MD, Mobile Health Unit

Technology-Delivered Brief Interventions

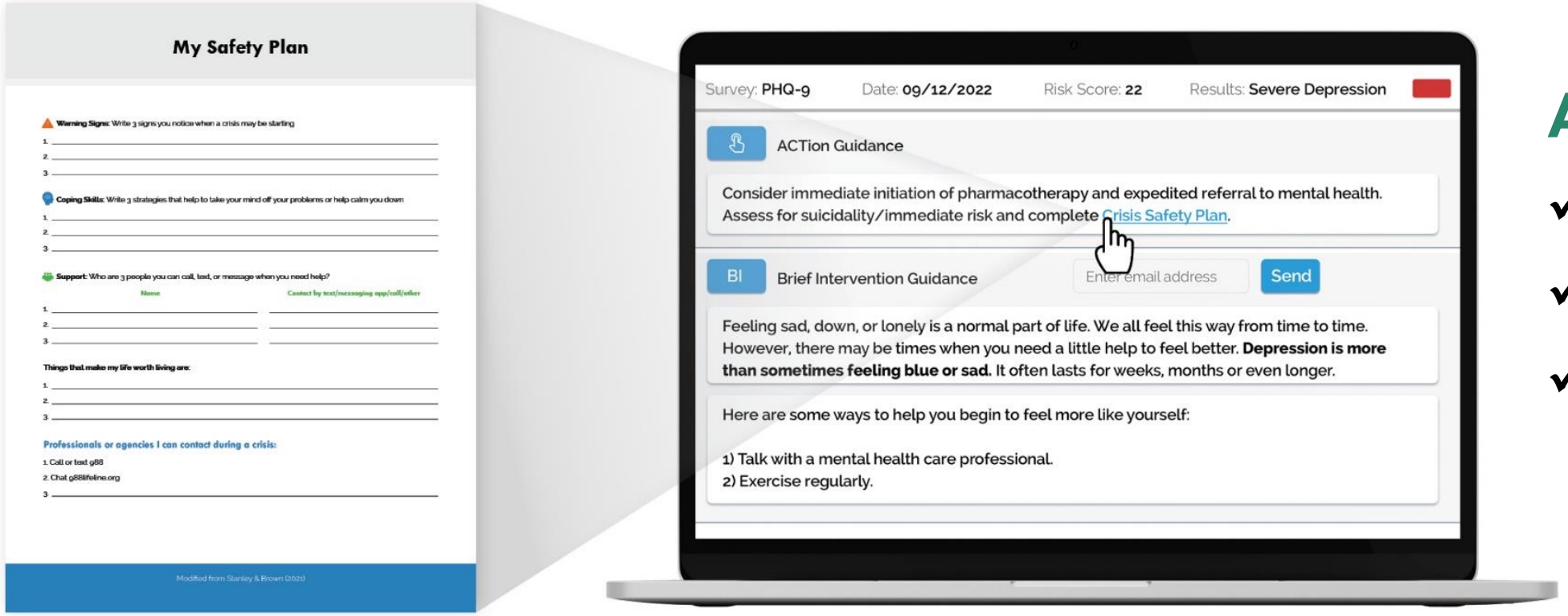
- ✓ Reflection
- ✓ Menu of Options
- ✓ Affirmation
- ✓ Resources



Professional Interface



Professional Interface: Guidance



ACTions:

- ✓Protocols
- ✓Tools
- ✓Resources

Rising Together Schoolwide Mental Health Screening®

Let's Rise Together



Our Comprehensive Program and Proven Framework

Rising Together Schoolwide Mental Health Screening™



Designed for **youth ages 8-18 our screening and intervention program:**

- Is based in science with proven impacts over the last decade
- Empowers students to be open & honest
- Identifies students at highest risk
- Engages and equips families
- Supports schools during implementation and beyond
- Delivers real-time, actionable data and measurable impacts

"Be prepared for **immediate results …** You may be surprised at what you're going to get. And that's not necessarily a bad thing." ~ *Diana Andrews, Prevention Specialist, Yampah Mountain High School*

What Makes Rising Together Different?

Turning Mental Health Screening Data Into Meaningful Action and Measurable Outcomes



Hi-tech systems that engage and support students throughout the screening process to promote honesty and safety in responses.



Full program support for schools, youth-serving organizations, and communities — from fundraising to implementation.



Evidence-based + clinically backed screening tools enhanced by cutting-edge technology.



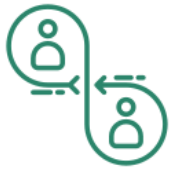
Immediate, tailored brief interventions delivered directly to youth and, where appropriate, parents.



Empowering families with tools to continue to conversation at home to build trust and understanding.



School staff support with next-step guidance, crisis response plans, and ongoing skill-building opportunities.



Identification of partner organizations to provide follow-up assessment and services.



On-demand analytics to monitor trends, track improvement, and demonstrate long-term impact. Not just talking about risk, but addressing it with measurable, lasting results.



"One of my clients who I was already seeing for therapy, she flagged as high on the survey ... and she's like, 'If this would have gone out when I was

~ **Gabby Touchette,** *Hope Center Clinician, LCSW, YMHS*

The Student Journey



Student gets link



Student instructed



Student completes screening



High-risk flag by ΛDΛM



High-risk students receive interventions



Parent/guardian contacted



Student receives resources + referrals



Student experiences improvement

Professional Development & Skill Building

Repeat

Rephrase

Paraphrase

Reflect Feelings

The simplest form is to reflect back the actual words used by the teen or repeat an element of what was said. Using a 'repeat' approach focuses on reflecting the actual words the teen said.

The purpose is to:

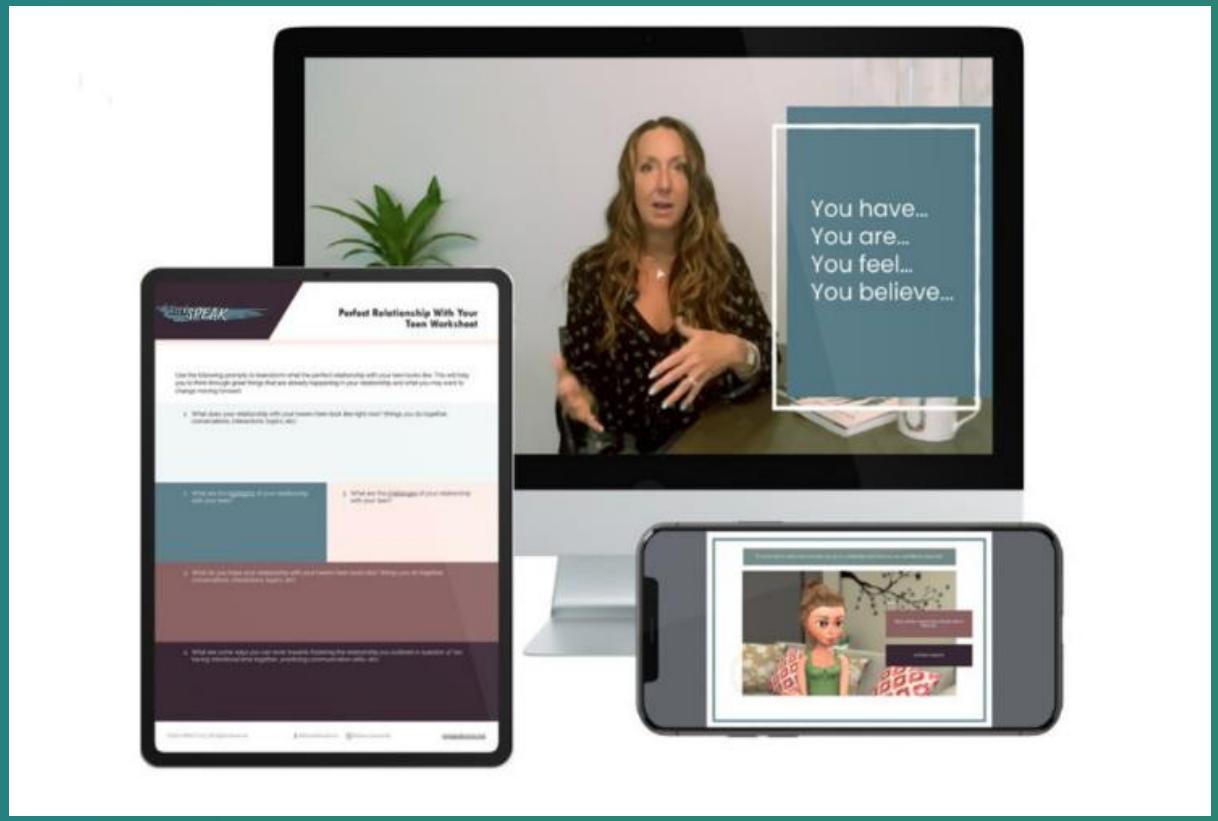
- Provide empathy
- Encourage further disclosure
- Check for accuracy



MITEY Change

Strengthening Protective Factors With Parent Skill-Building





TeenSPEAK


happened ... She wasn't being truthful [with her therapist]. And in that situation, she clearly was open and wanted help and was open to what
– Stacy Andrews, School Counselor, Cañon City Schools

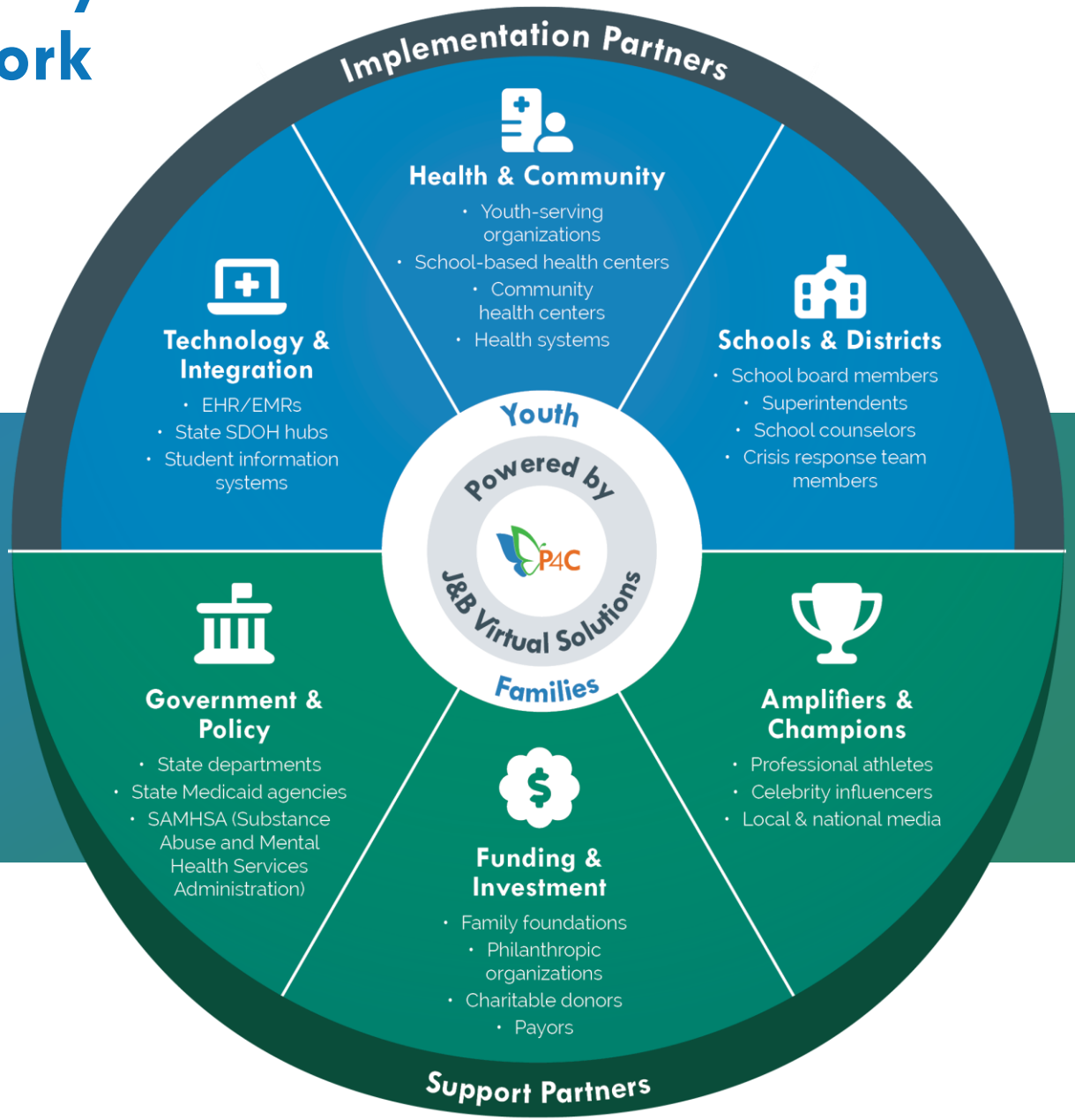
Scaling for both Quality and Equity With Our Growing Nationwide Network

Youth advocates from every sector—public, private, nonprofit, and community—collaborate to fund comprehensive programs, provide ongoing care, and drive better youth outcomes over time.

The Network

Partners, pro athletes and other youth advocates





Real-World Youth Outcomes

System data supports the efficacy of our comprehensive program and proven framework powered by ΛDΛM, the nation's first trauma-responsive youth screening technology

Through Participation in Rising Together Schoolwide Mental Health Screening:	After Identification and Intervention:
1 in 3 students reported depression symptoms. **1 in 3 students** reported anxiety symptoms. **1 in 15 students** reported active suicidal thoughts or plans.	**More than 40% of students reported improvement** to depression and anxiety symptoms.

61% of students no longer reported suicidal thoughts or actions after identification, intervention, and ongoing care.

Source: ADAM System Data



"We identified a student that has been dealing with suicidal thoughts, anxiety and depression for years. He did not want to directly ask for help, but when approached after the survey he was very open about his mental health struggles. **He said he probably would not be in therapy if it weren't for this screening.**"
~ Schoolwide Screening Program User Survey Participant

Powerful Analytics



Powerful Screening Analytics



What are the greatest risks in my student population?

What disparities exist?



Who is at risk?

What subpopulations are at highest risk?



Am I reducing student risk over time when it comes to …

… substance use?

… sexual health?

… depression?

Population Top Risks

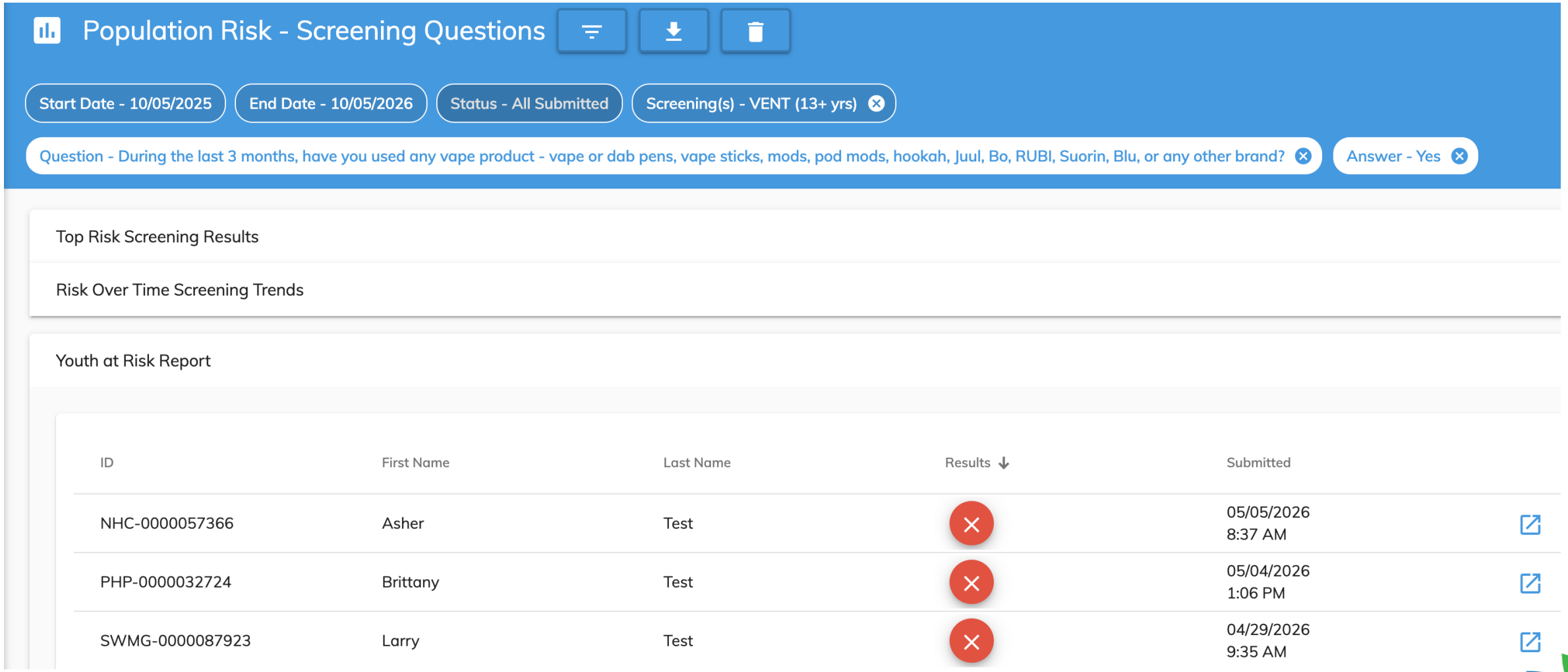
Population Risk - Screening Questions

Start Date - 10/05/2024 | End Date - 10/05/2026 | Status - All Submitted | Screening(s) - RAAPS (13-18 yrs)

Top Risk Screening Results

Question	Risk Response(s)
Do you usually spend **3 or more hours a day** on social media?	**77.23%** 2449/3171 response(s)
Do you **always wear a helmet** when you do **any** of these activities: ride a bike, rollerblade, or skateboard; ride a motorcycle, snowmobile or ATV; ski or snowboard?	**36.38%** 1363/3747 response(s)
Do you often feel anxious or worry a lot about things at home or at school?	**34.36%** 1289/3752 response(s)
If you have had sex, do you **always** use a condom and/or another method of birth control to prevent sexually transmitted infections and pregnancy?	**33.53%** 285/850 response(s)

Individuals at Risk



Positive Change Over Time

Population Risk - Screening Questions

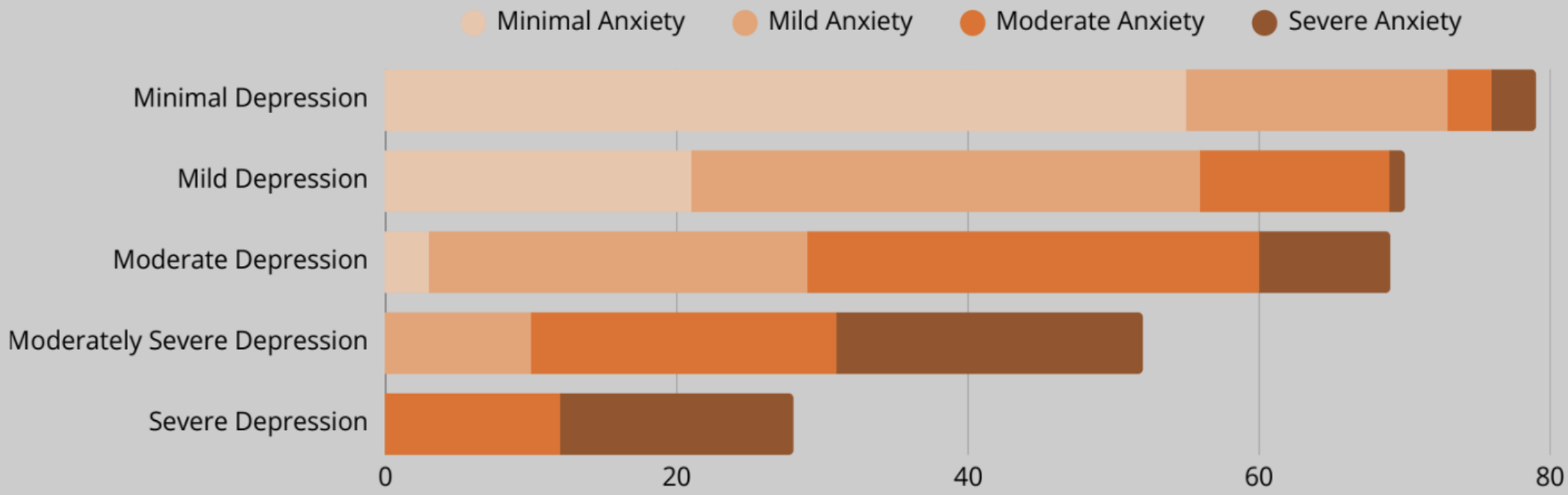
Start Date - 10/05/2024 | End Date - 10/05/2026 | Status - All Submitted | Screening(s) - VENT (13+ yrs)

Risk Over Time Improvement

*Includes only youth with at least two screenings completed

Question	First Risk Response	Latest Risk Response	Improved Risk
During the last 6 months, have you had any sexual experiences (oral, anal or vaginal sex)?	51/221 response(s)	39/51 response(s)	**23.53** % improvement
During the last 3 months, have you used marijuana (cannabis, weed, dope, pot) **in any form** - vape, bong, joint, blunt, dabbing or edibles?	28/220 response(s)	19/28 response(s)	**32.14** % improvement
During the last 3 months, have you used **any vape product** - vape or dab pens, vape sticks, mods, pod mods, hookah, Juul, Bo, RUBI, Suorin, Blu, or any other brand?	28/220 response(s)	18/28 response(s)	**35.71** % improvement

Intersections of Risk



*Data based on 596 screenings (GAD7 and PHQ9) completed by youth on the same day

/\D/\M SBHC Data Hub

Unique Features

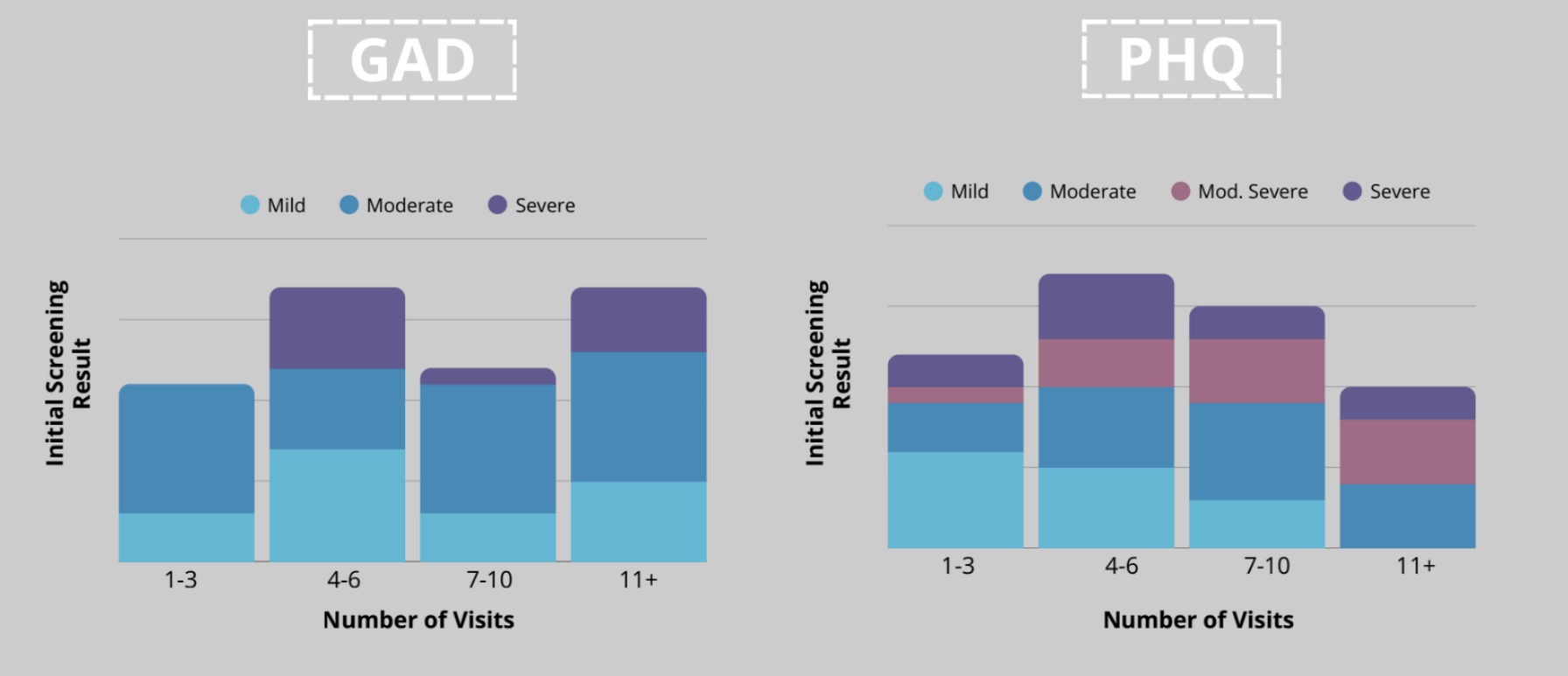
- **Real-time data access:** 24/7 de-identified visit and screening data across all connected agencies and sites
- **Flexible filtering:** By agency, SBHC, provider, demographics, insurance, timeframe, and custom program tags (urban/rural, region, program type, population served). Screening tools and results if screening is utilized.
- **State benchmarking:** Agency- and site-level data displayed alongside statewide benchmarks

Visit Actions	# of Actions	% of Actions	# of Unique Youth	System Total # of Actions	System Total % of Actions	System Total # of Unique Youth
Positive reinforcement/ anticipatory guidance	383	81.66%	369	3,347	68.50%	2,753
Risks discussed, brief intervention to enhance motivation	54	11.51%	53	963	19.71%	825
Risks discussed, brief intervention & risk reduction plan created/reviewed	15	3.20%	15	364	7.45%	302
Discussed outside services/ care plan	15	3.20%	15	162	3.32%	135

/\D/\M SBHC Data Hub

Unique Features

- **Service-type tracking:** Visits tracked by service type: primary care, behavioral health, oral health, and other
- **Combined analytics:** Screening and visit data analyzed together, including intersecting datasets



/\D/\M SBHC Data Hub

Unique Features

- **Managed data pipeline:** Assigned representative for monthly imports; data cleaning, exception handling, and new-datapoint mapping
- **Ongoing support:** Quarterly state-team review meetings; business-hours agency/SBHC support
- **Integration:** Per agency/EHR system at additional cost

Coming FY'27

- **Customizable dashboards**
- **School import:** Attendance & disciplinary referrals

How We're Leading the Way With Full Program Support

- Comprehensive screening tools
- Trauma-responsive technology
- Tailored interventions
- Professional & parent skill building
- Powerful analytics

Rising Together

Join the Nationwide Movement

Help Youth Live Safer, Healthier,
More Successful Lives

Let's Connect!

Schedule 20min Meeting

Dr. Jennifer Salerno
jsalerno@pos4chg.org

Possibilities for Change

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