Best Practices for Adolescent-friendly Reproductive and Sexual Health Services

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Healthy Teen Network
Why Am I Here?

Youth-friendly Services
Contact us today to learn how we can support your work!
CapacityBuilding@HealthyTeenNetwork.org
Join us for...

Standing Strong & Keeping Youth at the Center

October 22-24, 2018
San Diego, CA

Conference.HealthyTeenNetwork.org
Who Is Your Adolescent Patient?
Why Now?

- Learn
- Treat
- Self-advocate
- Sex
- STIs
- Births
Why Won’t Adolescents Access Services?
Minor Consent in PA
Minor Consent
Are We Providing Youth-friendly Services?
Confidential

Equitable

Accessible
1. Planning
2. Accessibility
3. Confidentiality
4. Service delivery
5. Professional development
6. Physical environment
7. Education
How Do We Put Youth-friendly Services Into Practice?
needs-based approach
vs.
rights-based approach
Sex Positivity is an **attitude that celebrates sexuality as an enhancing part of life** that brings happiness, energy and celebration. Sex-positive approaches strive to **achieve ideal experiences, rather than solely working to prevent negative experiences**. At the same time, sex-positive approaches acknowledge and tackle the various concerns and risks associated with sexuality **without reinforcing fear, shame or taboo of young people’s sexuality and gender inequality**.

International Planned Parenthood Federal (2011, October, p. 2)
What Do We Do Next?
Strategies

1. Conduct a needs assessment
2. Define key groups
3. Develop a strategy
4. Involve young people
5. Establish partnerships

Strategies

6. Increase accessibility
7. Promote dignity and empowerment
8. Improve health professionals’ attitudes
9. Understand the opposition
10. Advocate for the sexual rights of young people

Source Material

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Source Material


Other Resources

- Healthy Teen Network: www.HealthyTeenNetwork.org

  - This page contains links to the following selected case videos:
    - Case Video: Sports Physical and Sexual History, Scenario 1A, Sports Physical-James
    - Case Video: Sports Physical and Sexual History, Scenario 1B, Sports Physical-James
    - Case Video: Discomfort Wearing Condoms, Scenario 3, Discomfort Wearing Condoms v1
    - Case Video: Sexual History Taking & Gender, PRH04 Trans Health A v1